

# INFORMATION BOOKLET

## AURABA PORCELAIN & SILVER PENDANT CHARMS



### TALISMANS FEATURING SELF EMPOWERING GLYPH SYMBOLS

**Auraba Porcelain and Silver talisman pendants are hand crafted with loving care and attention using finest Spanish porcelain and 925 silver with an essence of ore from a historic silver mine.**



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## **ABOUT AURABA TALISMAN PENDANTS**

AuraBa glyphs have been designed to assist you to reach the desired self-empowered state of being within yourself. They have been created with the intention to assist you to move forward in your own personal self-development healing journey.

By regularly practicing the simple meditation technique of visualising AuraBa glyphs you should be better placed to move closer to the state of being you wish to be at. We want to encourage you to take yourself out of those disturbing, uneasy moods, thoughts and feelings and detach yourself from fears, emotions, stress and anxiety that hinder and no longer serve you and replace them with positive states of being represented by the talismans.

Enjoy your AuraBa talisman pendant.

Belén Berganza and Richard Harris.

Creators of AuraBa porcelain talisman pendants.

# AURABA PORCELAIN AND SILVER PENDANT CHARMS



## CROSS

Faith  
Purity  
Prayer  
Divinity  
Meditation  
Higher Self



## MUSIC

Joy  
Love  
Bliss  
Music  
Oneness  
Happiness



## SPIRAL

Energy  
Life Force  
Expansion  
Motivation  
Get Up & Go  
Break Through



## HARMONY

Ease  
Flow  
Peace  
Harmony  
Calmness  
Groundedness



## FLOWER

Artistry  
Creation  
Abundance  
Manifestation  
Flower of Life  
Nature Connection



Auraba porcelain and silver pendants are talisman charms carrying self-empowerment glyph symbols and come in many fashionable designs and colours



## **OUR CREATIVE PROCESS**

AuraBa porcelain & silver pendant charms are talismans carrying self-empowerment healing symbols and come in many fashionable designs and colours.

Designed in Western Australia, each one has been hand crafted with loving care and attention at Belén's jewellery workshop in Bali using finest grade Spanish porcelain and 925 sterling silver mixed with an essence of mineral ore from the 700 year old Combe Martin silver mine in North Devon, UK.

This alchemical process infuses the naturally grounded energy of the North Devon rocks and imbues the loving properties of the Combe Martin silver ore into the silver we work with, creating a unique piece of energised jewellery.

AuraBa porcelain pendants are a joint creation from Belén Berganza and Richard Harris.

Belén is a ceramic artist who lives and works in Fremantle, Western Australia. Belén studied ceramics at the school of art Francisco Alcántara, Spain.

Richard Harris is a mining entrepreneur and the glyph designer and energy encoder.

## **USING YOUR AURABA GLYPH PENDANT IN A SELF-HEALING MEDITATION**

Select the AuraBa pendant you wish to work with and the AuraBa healing template at the back of this booklet. If you have several AuraBa pendants select the first one your eyes are drawn to. Place your AuraBa healing template and pendant glyph in front you, where you can easily see it.

Now sit quietly for a moment, relax, then take three deep breaths, breathing out gradually. Do this several times, feeling your breath sustaining your body and flowing through you until you are more relaxed in your mind and body. Feel the ground under your feet, what your legs are resting on and consciously feel the palms of your hands and feet.

For a more empowering cleansing meditation consciously imagine and feel you are drawing breath through your nose down into your lungs and belly then breath out, flowing energy out through your legs and feet.

As you ground and energise yourself, your mind should become quieter, generating less thoughts. Your mood becomes more contented as you continue to ignore the thoughts that come into your head.

## **USING YOUR AURABA GLYPH PENDANT IN A SELF-HEALING MEDITATION**

Now look at your AuraBa glyph pendant, sending loving healing thoughts to it.

As the Universe gives back what you project, you will receive love and healing back to you.

Imagine a shower of white light raining over your head and body, energizing you, empowering and protecting you, healing and cleansing yourself of negative thoughts. This healing light comes from the most divine part of yourself called your higher self.

Now ask for the specific healing and empowerment from the properties of the particular glyph you selected, for example; Harmony.

Imagine the white light carrying your AuraBa glyph above your head and dividing it into many smaller glyphs which continuously flow through your body and around you. State in your mind the properties of your glyph. For example, say:

“Harmony: ease, flow, peace, calmness, groundedness”.

## **USING YOUR AURABA GLYPH PENDANT IN A SELF-HEALING MEDITATION**

You have now energized yourself with the properties of your glyph. Thank yourself for your self-healing empowerment and go about your day

For a more advanced deeper empowerment you can make some simple intentions, which you can write down before you start. For example you can say,

“I am peaceful, I am calm. My life flows easily. I live in harmony and peace with the earth and nature. Life is peaceful for me now. Everything that comes my way in life I deal with easily and calmly.”

You can make your own specific statements of intent, such as,

“Nothing in life phases me or stresses me out”.



# AURABA SELF-HEALING SIGIL TEMPLATE

